Student Learning Strategies *Chamot & O'Malley

STRATEGY	DESCRIPTION			
METACOGNITIVE STRATEGIES				
Organize / Plan	Calendar	-Plan the task or content sequenceSet goalsPlan how to accomplish the task.		
Manage Your Own Learning	Pace Yourself	-Determine how you learn bestArrange conditions that help you learnSeek opportunities for practiceFocus your attention on the task.		
Monitor	Check	While working on a task: -Check your progress on the taskCheck your comprehension as you use the language. Are you understanding? -Check your production as you use the language. Are you making sense?		
Evaluate	I did it!	After completing a task: -Assess how well you have accomplished the learning taskAssess how well you have applied the strategiesDecide how effective the strategies were in helping you accomplish the task.		
TASK-BASED STRATEGIES "Use What You Know"				
Use Background Knowledge	I know	-Think about and use what you already know to help you do the task Make associations.		
Make Inferences	Use Clues	-Use context and what you know to figure out meaningRead and listen between the lines.		
Make Predictions		-Anticipate information to come.		

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	Crystal Ball	-Make logical guesses about what will happen.		
Personalize	Me	-Relate new concepts to your own life, that is, to your experiences, knowledge, beliefs and feelings.		
Transfer / Use Cognates	House/House	-Apply your linguistic knowledge of other languages (including your native language) to the target languageRecognize cognates.		
Substitute / Paraphrase	Spare Tire	-Think of a similar word or descriptive phrase for words you do not know in the target language.		
USE YOUR IMAGINATION				
Use Imagery	Mirror, Mirror	-Use or create an image to understand and/or represent information.		
Use Real Objects / Role Play	Lights, Camera, Action!	Act out and/or imagine yourself in different roles in the target languageManipulate real objects as you use the target language.		
USE YOUR ORGANIZATIONAL SKILLS				
Find/Apply Patterns	Sound Out	-Apply a ruleMake a ruleSound out and apply letter/sound rules.		
Group/Classify	Sort Suits	-Relate or categorize words or ideas according to attributes.		

Use Graphic Organizers/ Take Notes	Notepad	-Use or create visual representations (such as Venn diagrams, time lines, and charts) of important relationships between conceptsWrite down important words and ideas.		
Summarize	Main Idea	-Create a mental, oral, or written summary of information.		
Use Selective Attention	Look for It	-Focus on specific information, structures, key words, phrases, or ideas.		
USE A VARIETY OF RESOURCES				
Access Information Sources	Read all about it!	-Use the dictionary, the internet, and other reference materialsSeek out and use sources of informationFollow a model -Ask questions		
Cooperate	Together	-Work with others to complete tasks, build confidence, and give and receive feedback.		
Talk Yourself Through It (Self-Talk)	I can do it!	- Use your inner resources. Reduce your anxiety by reminding yourself of your progress, the resources you have available, and your goals.		